

# Volunteer Opportunities

March 18, 2019

## United Way Volunteer Connection

- Promotes volunteer opportunities for local nonprofits through a searchable database found at [www.unitedwayhelps.org](http://www.unitedwayhelps.org).
- Connects individuals, families, groups and companies with volunteer opportunities

To receive this listing or additional volunteer opportunities, contact Mary Krippner, United Way Volunteer Engagement Coordinator at 320-223-7991 or [mkrippner@unitedwayhelps.org](mailto:mkrippner@unitedwayhelps.org)

## Assist with Senior Dining

Catholic Charities Senior Dining program provides nutritious meals to senior citizens, promotes wellness by providing seniors with the opportunity to interact with others and offering classes on healthy living, and connects seniors with services that assist them in living independently in their homes. The Senior Dining program is currently seeking volunteers at many locations to support kitchen staff; deliver Meals on Wheels to homes over the lunch hour; and serve on planning committees. For more information, and a Volunteer

Registration form, contact Senior Dining at 320-229-4583, 157 Roosevelt Rd, Suite 200, St. Cloud, MN 56301 or email [becky.dubay@ccstcloud.org](mailto:becky.dubay@ccstcloud.org)

## Fun in the Gift Gallery

CentraCare Health is seeking volunteers to assist with day-to-day operations and sales in the Gift Gallery. All proceeds benefit the St. Cloud Hospital Volunteer Auxiliary funded programs. The Gift Gallery is an excellent place to shop for gifts for all occasions. They offer a plentiful selection of plush animals, flowers, plants, balloons, greeting cards, jewelry, season items, and much more. Staffed by welcoming and gracious volunteers, you will always find a friendly and helpful voice. Locations include St. Cloud Hospital, CentraCare health Plaza and St. Benedict's Senior Community. CentraCare Health is a not-for-profit health care system that provides comprehensive, high-quality care to people throughout Central Minnesota.

Contact Sonia Dickrell, CentraCare Health Volunteer Services at (320) 255-5638 or [volunteer@centracare.com](mailto:volunteer@centracare.com)



### **The Greater St. Cloud Area RSVP Program**

The Greater St. Cloud Area RSVP engages men and women age 55 or better in meaningful volunteer opportunities at over 200 human service agencies throughout the community. They are seeking compassionate volunteers in a variety of positions; including many roles with flexible commitments. RSVP staff will work with you to cater your volunteer schedule so it fulfills your needs and has a positive impact on your community.

Contact RSVP at (320)255-7295 or [rsvp@ci.stcloud.mn.us](mailto:rsvp@ci.stcloud.mn.us)

### **Work with Students in Local Schools**

Catholic Charities Foster Grandparent Program offers seniors, age 55 and over, the opportunity to work with students in local schools, or other non-profit agencies where there are children who need extra assistance. The benefits to the volunteer are as great as those to the children. They are looking for adults, age 55 and over, to serve 5-40 hours per week. The program offers many benefits to those who participate, including a tax free stipend of \$2.65 per hour, transportation reimbursement for mileage or for using a city bus, orientation, on-going training, health benefits and more. As of January 31, 2019, the service requirement for Foster Grandparent volunteers changed to a minimum of 5 hours per week or 260 hours annually. This change will attract new volunteers to their program and help meet the ever growing needs of our communities. Foster Grandparents can serve up to 40 hours per week or a maximum of 2080 hours per year.

Contact Sara Heurung, Catholic Charities Foster Grandparent Program at (320) 229-4589 or [sheurung@ccstcloud.org](mailto:sheurung@ccstcloud.org)

### **Match your Donations**

March is food Share Month in Minnesota where food and monetary donations are matched during the month. During this time of year, many area families are using local food shelves more than ever before. Consider leveraging the match by running a food drive within your work place, church or service club and donate to your local food shelf.

Catholic Charities Emergency Services 320-229-4560  
C.R.O.S.S. Center of Benton County 320-968-7012  
The Salvation Army 320-252-4552

Contact Mary Krippner, United Way Volunteer Engagement Coordinator at (320) 223-7991 or [Mkrippner@unitedwayhelps.org](mailto:Mkrippner@unitedwayhelps.org)