

Volunteer Opportunities

February 4, 2019

United Way Volunteer Connection

- Promotes volunteer opportunities for local nonprofits through a searchable database found at www.unitedwayhelps.org.
- Connects individuals, families, groups and companies with volunteer opportunities

To receive this listing or additional volunteer opportunities, contact Mary Krippner, United Way Volunteer Engagement Coordinator at 320-223-7991 or mkrippner@unitedwayhelps.org

Foster Grandparent Program

Catholic Charities Foster Grandparent Program offers seniors, age 55 and over, the opportunity to work with students in local schools, or other non-profit agencies where there are children who need extra assistance. The benefits to the volunteer are as great as those to the children. They are looking for adults, age 55 and over, to serve 5-40 hours per week. The program offers many benefits to those who participate, including a tax free stipend of \$2.65 per hour, transportation reimbursement for mileage or for using a city bus, orientation, on-going training, health benefits and more. As of January 31, 2019, the service requirement for Foster Grandparent volunteers changed to a minimum of 5 hours per week or 260 hours annually. This change will attract new volunteers to their program and help meet the ever growing needs of our communities. Foster Grandparents can serve up to 40 hours per week or a maximum of 2080 hours per year.

Contact Sara Heurung, Catholic Charities Foster Grandparent Program at (320) 229-4589 or sheurung@ccstcloud.org

Greet and Welcome Guests

Saint Scholastica's is a licensed assisted-living facility for Sisters. It is Home for Retired Sisters from Saint Benedict's Monastery, St. Joseph, MN. They are looking for volunteers to help at the reception desk on Saturday afternoon or evenings on Monday and Thursday. Training is provided.

Contact Marina Schlangen, OSB, Saint Scholastica's at (320) 251-2225



Share your Talent ~ Be a guest speaker!

Journey Home is a residential facility providing primary chemical dependency programming and housing for chemically dependent women and their children. It is a structured, recovery-focused setting for women ages 16 and older who are referred to us after the completion of primary chemical dependency treatment. They are looking for volunteers to help with group sessions or be a guest speaker. Topics could vary from budgeting to staying positive while recovering. They would also consider fun topics like magic shows, singing programs or a variety of fun events.

Contact Deb Vander Eyk, Journey Home at (320) 259-9149 Extension 22339

Help our Local Veterans

The St. Cloud VA Health Care System is dedicated to providing exceptional health care to Veterans. They need you to join their team as a volunteer and honor our nation's Veterans today! Volunteers are needed for numerous assignments throughout the health care system and demand for volunteer assistance continues to grow. In addition to our standard assignments, we are in need of individuals to play the piano and are looking for certified Pet Therapy teams! A volunteer role offers flexible scheduling, assignment specific training, and an opportunity to demonstrate your commitment to our customers.

Please call the Voluntary Service office at 320-255-6365 or email them at vhastcvavsstaff@va.gov for more information.

Big Families are Fun!

A Big Family involves an entire family meeting with a Little. This is an opportunity for a family to volunteer together. The Family would be matched with a Little in Big Brothers Big Sisters Community-Based program. Families provide friendship, emotional support and hope to the young person with whom they are matched. The family will meet with their Little 2-4 times a month for 12 months.

Contact Ann, Big Brothers Big Sisters of Central Minnesota at 320-258-4517 or Ann@BigDefenders.org

Contact Mary Krippner, United Way Volunteer Engagement Coordinator at (320) 223-7991 or Mkrippner@unitedwayhelps.org