

Volunteer Opportunities

January 14, 2019

United Way Volunteer Connection

- Promotes volunteer opportunities for local nonprofits through a searchable database found at www.unitedwayhelps.org.
- Connects individuals, families, groups and companies with volunteer opportunities

To receive this listing or additional volunteer opportunities, contact Mary Krippner, United Way Volunteer Engagement Coordinator at 320-223-7991 or mkrippner@unitedwayhelps.org

Friendly Visitor

Heartland Home Health Care and Hospice is looking for Friendly Visitors or Respite Volunteers to provide socialization, companionship and support to Hospice clients by visiting, looking at pictures together, encouraging the client to share their stories and memories, reading or playing music for the client, doing crafts or art work together, or sitting together quietly just holding their hand. Some clients don't have family close by and the volunteer visits help them feel less lonely and provide ease of mind to loved ones and caregivers. Volunteers can provide respite to the family that is taking care of their loved one at home, by allowing them time to do errands, shop, go to appointments, or just have some quiet time to relax. Volunteers do not provide personal care to the client but they are an important part of the team by being present to spend time listening to clients and families. Our offices serve clients in a 60 mile radius of St. Cloud and Brainerd. We particularly need volunteers in the outlying areas of both towns and who are willing to drive a distance to volunteer. Contact Keshia Kettler, Volunteer Coordinator at (320) 654-1136 or

Keshia.Kettler@hcr-manorcare.com

Serving Those Who Served

The St. Cloud VA Health Care System is dedicated to providing exceptional health care to Veterans. We need you to join our team as a volunteer and honor our nation's Veterans today! Volunteers are needed for numerous assignments throughout the health care system and demand for volunteer assistance continues to grow. In addition to our standard assignments, we are in need of individuals to play the piano and are looking for certified Pet Therapy teams! A volunteer role offers flexible scheduling, assignment specific training, and an opportunity to demonstrate your commitment to our customers. Please call the Voluntary Service office at 320.255.6365 or email us at

vhastcvvsstaff@va.gov for more information.



Catholic Charities Senior Dining Opportunities

Catholic Charities Senior Dining program provides nutritious meals to senior citizens, promotes wellness by providing seniors with the opportunity to interact with others and offering classes on healthy living, and connects seniors with services that assist them in living independently in their homes. The Senior Dining program is currently seeking volunteers at many locations (from Elk River to Meire Grove, Kimball to Hinckley) to support kitchen staff; deliver Meals on Wheels to homes over the lunch hour; and serve on planning committees. For more information, and a Volunteer Registration form, contact Senior Dining at 320-229-4583, 157 Roosevelt Rd, Suite 200, St. Cloud, MN 56301 or email becky.dubay@ccstcloud.org

Help Strengthen and Nurture Families

St. Cloud Area Crisis Nursery seeks to strengthen and nurture families, in cooperation with community organizations and individuals, through a family-focused service to protect children from possible harm and provide support and validation for parents. They are looking for volunteers who will have the opportunity to counsel and support families from a crisis line via a cell phone from their home. Volunteers will be responsible for answering the crisis line from 5:00 pm-8:00 am Monday through Friday and over weekends. Volunteers can determine their availability and can help as many hours as their schedule allows. Volunteers will attend two-hour orientation training and come together every other month for two hour training with the coordinator. Trainings are fun and casual. Everyone is able to volunteer, but they require volunteers to be friendly, personable, professional and able to work under stressful situations. Volunteering with St. Cloud Area Crisis Nursery is very self-rewarding and making a difference really matters. Contact Conni Orth, Lutheran Social Service -St. Cloud Area Crisis Nursery at (320) 654-1090

Serve Up a Cup of Coffee

Serve up a cup of coffee and a smile to our residents and guests at Country Manor! The Cobblestone Corner Eatery located in their Health Care Center is a great place for individuals who like to meet and greet people. Volunteers serve beverages and prepared food such as sandwiches, salads, pizza, soups, etc. to our residents, their families and staff. Duties required are to run the cash register (training provided), serve the customers and keep the area clean and neat. Food is prepared and brought to the eatery. Contact Casaundra in Volunteer Services for available shifts at (320) 253-1920.

For additional information, contact Mary Krippner, United Way Volunteer Engagement Coordinator at (320) 223-7991 or Mkrippner@unitedwayhelps.org