

## Midnight Run Liability Waiver Blackberry Ridge Golf Course

### 5K Liability Release Waiver:

In consideration of my use of the facilities and participating in the Midnight Run 5K provided by United Way of Central Minnesota, I expressly agree and contract, on behalf of myself, my heirs, executors, administrators, successors and assigns, that the company and its insurers, employees, officers, directors, and associates, shall not be liable for any damages arising from personal injuries (including death) sustained by me, or my guest in, on, or about the premises, or as a result of the use of the facilities, regardless of whether such injuries result, in whole or in part, from the negligence of the company.

By the execution of this agreement, I accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur to me or my guest, and I hereby fully and forever release and discharge the company, its insurers, employees, officers, directors, and associates, from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said facilities.

I expressly agree to indemnify and hold the company harmless against any and all claims, demands, damages, rights of action, or causes of action, of any person or entity, that may arise from injuries or damages sustained by me, my guest, or Health for Life. I agree to be solely responsible for safety and wellbeing of myself and my guests. I understand that the company does not provide supervision, instruction, or assistance for the 5K. I agree to comply with all rules imposed by the company regarding the use of the facilities and 5K route.

I agree to conduct myself in a controlled and reasonable manner at all times. I understand and acknowledge that the 5K involves risk of serious injury, including permanent disability and death. I understand and agree that the company is not responsible for property that is lost, stolen or damaged while in, on, or about the premises.

I HAVE READ THE FOREGOING WAIVER AND RELEASE OF LIABILITY AND VOLUNTARILY EXECUTED THIS DOCUMENT WITH FULL KNOWLEDGE OF ITS CONTENT.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date