



# Quality Out of School Time

**United Way of Central Minnesota Goal:** Every school age youth is engaged in ongoing experiences that build positive life skills and support from caring mentors.

- Engage youth in quality youth programs that build positive life skills.
- Ensure youth have at least one caring mentor in their lives supporting and guiding them in development of positive life skills.

## Quality Out of School Time Key Initiatives



### Community Investments

United Way of Central Minnesota invests in 18 community programs to help create positive results in the area of Quality Out of School Time.

### Step Up for Our Kids

Step Up for Our Kids, a 3 year initiative to recruit 1,000 adults to volunteer with children and youth, was launched in 16 local programs dedicated to kids.

### Mental Health Education Sessions

More than 200 counselors, social workers, youth workers and educators are gaining deeper knowledge and resources for mental health challenges facing children and youth.



### Live United Essay Contest

Area fifth graders compose and submit essays on the topic: "How I Live United." Their nature to give back was illustrated in how they live united in the community. This is a partnership with US Bank.

### Child and Teen Resource List

The Connect Up resource list of area-wide options for children and teens to build life skills and become ready for next steps after graduation is available for parents and providers. Sixty school counselors in Central Minnesota were connected with community resources. These included information for children and teens to build skills and connect with quality out of school time programs.



### Partner for Student Success

United Way is an active leader with Partner for Student Success, which aims to engage the entire community in a Cradle to Career approach for all children.

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