



Access to Food

United Way of Central Minnesota Goal: Ensure that all people have food to nourish themselves so that no one in our communities goes hungry.

- Ensure access to food for people who are low-income or struggling.
- Build knowledge and skills related to cost-effective food choices, food preparation, safe food storage, and/or nutrition.

Access to Food Key Initiatives



Community Investments

United Way of Central Minnesota invests in 12 community programs to help create positive results in the area of Access to Food.

Lunch & Learn

The realities of local hunger and food access issues were presented to elected officials & community members, with a focus on empowering participants to better understand how they can take action and make a difference in their community.

Fare for All

Promotion and transportation assistance for the Fare for All food distribution event that happens each month in St. Joseph, reaching hundreds of households with discounted food. A new St. Cloud location was added in Winter 2015, allowing more families access to food in our community.



Food Access Resource List

The Food Access list of area-wide resources was created for individuals or families seeking community programs that provide food support and nutrition education opportunities.

Food Packaging events

200 backpacks were assembled with food at the 2016 United Way Celebration event to help support the Rocori Action Packs program. The backpacks are distributed to youth in the Cold Spring area who may not have enough food for over the weekend.



United Way helped support two Kids Fighting Hunger events. Between the two events, 298,400 meals were packaged by 900+ Volunteers.

Volunteer Connection

United Way of Central Minnesota Volunteer Connection promotes major food drives and hunger relief volunteer opportunities year round.